

May 6 - 7, 2015 • Hyatt Regency Vancouver

EVENT PROGRAM



### **WELCOME**



# We are pleased to welcome you to the 7<sup>th</sup> Annual Gathering Wisdom for a Shared Journey Forum.

This unique conference is the largest First Nations health conference in British Columbia, and the only one of its kind in Canada. In its seventh year of operation, the 2015 forum welcomes 850 delegates from across BC, Canada, and internationally.

The Gathering provides an exciting opportunity to engage with BC First Nations community leadership and their health service providers, front-line workers, Federal, Provincial, and Regional partners, and allies from professional associations.

We look forward to hosting each and every participant throughout many opportunities for dialogue and networking during the two days, including:

- · Presentations from the FNHA, key partners, and leadership from Southcentral Foundation
- · 42 unique and interactive breakout sessions
- · Awards Ceremony: Beefy Chiefs 2.0 Step Up Challenge Winners
- The Tradeshow
- · Health Screening
- · Cultural Sharing Dinner
- · FitNation Fitness Classes

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On behalf of the First Nations Health Authority, we thank you for partaking in this exciting conference with us. We have made significant progress on this historic journey. Together, we support the momentous work of building a more effective health system from the ground up with the holistic transformation of First Nations health in BC currently underway.

LYDIA HWITSUM

Chair, First Nations Health Authority Board of Directors



# WEDNESDAY MAY 6TH

All registered participants are invited to the Cultural Sharing Dinner on May 6th taking place in the 3rd floor Regency Ballroom from 5:00 pm – 8:00 pm.

A hearty meal will be served at 5:00 pm, followed by Cultural Sharing from dance groups across the five diverse regions of British Columbia.

Important note: We encourage those attending to arrive on time to mingle and share a meal prior to the start of the Cultural Sharing.

#### **CULTURAL SHARING DINNER – SCHEDULE**

5:00 – 5:30	Dinner served
5:30 – 5:45	Opening Remarks
5:45 – 6:10	North
6:10 – 6:35	Interior
6:35 – 7:00	Vancouver Island
7:00 – 7:25	Fraser Salish
7:25 – 7:50	Vancouver Coastal
7:50 – 8:00	Closing Remarks



### **WELCOME**

Thank you to all our 2015 Gathering Wisdom for a Shared Journey VII sponsors:

\_\_\_\_\_ GOLD \_\_\_\_





====== SILVER =====





= BRONZE =



























= SUPPORTING =

National Collaborating Centre for Aboriginal Health
Vancouver Coastal Health
Northern Health

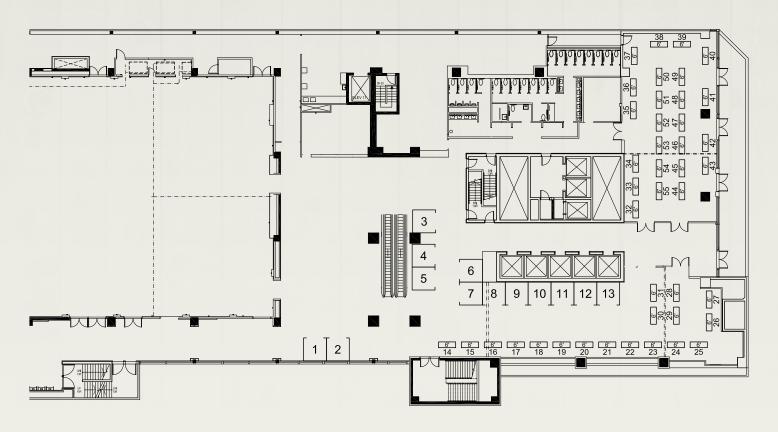
# TRADE SHOW

### MAY 6 – 7, 2015 8:30 am – 4:30 pm Located on the Third Floor

Booth	Company/Organization	Booth	Company/Organization
13	Aboriginal Health Strategic Initiatives VCH	38	Indian Residential School Survivors Society
25	Aboriginal Sport Recreation and Physical Activity	23	Infinity Studio Designs
	Partners Council	50	Kidney Foundation - BC & Yukon Branch
10	Aboriginal Travel Services	4	Long View Systems
43	Alpaca and Natural Fibers	35	Midwives Association of BC
30	BC Cancer Agency Prevention Programs	2	MNP
36	BC Responsible and Problem Gambling Program	18	Mustimuhw Information Solutions Inc.
7	BCIT	11	National Collaborating Centre for Aboriginal Health
34	Canadian Association of Occupational Therapists-BC	22	Nenqayni Wellness Centre Society
	Chapter	8	Northern Health
44	Canadian Breast Cancer Foundation	47	Our Family Store
28	Caspers Creations	55	Paper Birch Publishing
1	Centre for Excellence in Indigenous Health	16	Perinatal Services BC, An agency of Provincial
53	Creations by Flo		Health Services Authority
6	Dell Canada	14	PHSA Aboriginal Health
33	Dorothy Krentz - Artisan	15	PHSA Aboriginal Health
27	First Nations Health Managers Association	41	QuitNow- BC Lung Association
31	Fit 4 Two	5	Royal Bank of Canada
39	FNHA - Capital Assets & Accommodation	32	Red Cross
26	FNHA - Cycling for Wellness	54	Registered Massage Therapists' Association of BC
48	FNHA - DIPC: Tripartite Data	3	Royal Roads University
29	FNHA - eHealth	49	Spirit Dancer
45	FNHA - Health Benefits & Dental Unit	17	TD Fashion Link
37	FNHA - Health Careers	20	The Association of Registered Nurses of BC (ARNBC)
40	FNHA - Nursing	51	Vancouver Aboriginal Child and Family Services Society
42	FNHA - Research, Knowledge Exchange and		(VACFSS)
	Evaluation (RKEE)	9	Vancouver Island University
12	Gilead Sciences Inc.	19	Whole Healty Living
46	Greater Vancouver Lice Clinic	52	Worksafe
24	HepCBC Hepatitis C Education and Prevention Society	21	хор хор

# **TRADE SHOW**

#### HYATT REGENCY VANCOUVER - THIRD FLOOR



### **DAY 1** – TUESDAY, MAY 5, 2015

TIME	SESSION	LEVEL/ROOM
3:00 pm – 6:00 pm	Early Registration for May 6th and 7th	2nd Level, Foyer
4:30 pm – 6:30 pm	Networking Reception	34th Floor

#### DAY 2 – WEDNESDAY, MAY 6, 2015

TIME	SESSION	LEVEL/ROOM
6:00 am – 7:00 am	FitNation fitness class	2nd Level, Georgia A
6:30 am	Registration opens	2nd Level, Foyer
7:00 am – 8:00 am	Breakfast	3rd Level, Regency Ballroom
8:00 am – 9:30 am	Cultural Procession and Opening Ceremony	3rd Level, Regency Ballroom
9:30 am – 9:45 am	Health Break	3rd Level, Foyer
9:45 am – 10:45 am	<ul> <li>Welcome and Opening Remarks</li> <li>LYDIA HWITSUM, Chair, Board of Directors, First Nations Health Authority</li> <li>JOE GALLAGHER, Chief Executive Officer, First Nations Health Authority</li> <li>ARLENE PATON, Assistant Deputy Minister, Ministry of Health</li> <li>SONY PERRON, Senior Assistant Deputy Minister, First Nations and Inuit Health Branch, Health Canada</li> </ul>	3rd Level, Regency Ballroom
10:45 am – 11:00 am	Health Break	3rd Level, Foyer
11:00 am – 12:00 pm	Concurrent Sessions (6)	
	SESSION 1 – First Nations Cancer Strategy	3rd Level, Regency Ballroom
	Attend this session and contribute to the development of a holistic cancer strategy for BC First Nations. You can learn about the cancer journey where cancer prevention, screening and treatment are the focus. You can also speak with Dr. Nadine Caron and other experts in the field about how provincial and national health partners and the FNHA can improve the cancer journey for First Nations people in BC, from diagnosis to discharge.	
	PRESENTERS:	
	DR. NADINE CARON, MD, MPH, FRCSC, Assistant Professor, UBC Northern     Medical Program; Co-Director, UBC Centre for Excellence in     Indigenous Health	
	<ul> <li>PAM TOBIN, Director of Strategy Implementation, First Nations, Inuit and Metis, Cancer Control, Canadian Partnership Against Cancer</li> <li>DR. AMANDA WARD, Director, Research, Knowledge Exchange and Evaluation, First Nations Health Authority</li> </ul>	

SESSION 2 – Health is a Business	2nd Level, Plaza A
This workshop will explore and provide information on the increasing opportunities for First Nations businesses in the growing and sustainable health marketplace that includes construction, food and beverage, laundry, procurement, supplies and labour. It will also look at opportunities to develop vibrant economies for First Nation communities, and will review current Aboriginal business and financial assistance guidelines.	
PRESENTERS:  • YOUSUF ALI, VP, Special Projects, First Nations Health Authority  • DARREN LAROSE, Manager, Business Development, First Nations  Health Authority	
SESSION 3 – Communicable Disease: No Time for Complacency	2nd Level, Plaza B
Many preventable communicable diseases are on the rise. This session will explore current trends in communicable diseases and best practices for keeping our families and communities protected and healthy. This lively, interactive workshop will also share dialogue on communicable disease transmission, screening and prevention, including the importance, safety and effectiveness of vaccination.  Presenter:  • APRIL MACNAUGHTON, Nurse Manager, Communicable Disease Control, First Nations Health Authority	
SESSION 4 – Men of the North – Health and Wellness for Him	2nd Level, Georgia B
Through a medicine wheel approach, this presentation will show how men can balance themselves spiritually, emotionally, physically, and mentally using natural and traditional resources in their communities. By learning how to help men discover themselves as a resource, attendees will be able to return to their communities and create successful men's groups that promote healthy well-being.	
PRESENTERS:  • JOLENE PRINCE, Maternal Child Health Coordinator, Nak'azdli Maternal Child Health Center	
• ALEXANDER ERICKSON, Home Visitor, Nak'azdli Maternal Child Health Center	

	SESSION 5 – Elder Care and Injury Prevention	2nd Level, Georgia A
	PRESENTATION A: The Story of Ts'i'ts'uwatul' Lelum (Home for Helping Each Other)	
	The story of Ts'i'ts'uwatul' Lelum (Home for Helping Each Other) will share the development of a culturally appropriate assisted living residence for Elders with Cowichan Tribes. This partnership between Cowichan Tribes, M'akola ILBC Housing Society and the Vancouver Island Health Authority is an example of how assisted living is now being recognized as a positive option in seniors health care.	
	PRESENTER:  • MICHELE NAULT-MCISAAC, Regional Assistant Living Manager, M'akola ILBC Housing Society	
	PRESENTATION B: Fall Prevention for First Nations Elders: The SAIL Adaptation Project	
	The Strategies and Actions for Independent Living (SAIL) Adaptation Project aims to integrate a prevention program into home support service delivery for Elders living on reserves in BC. This project is in partnership with the First Nations Health Authority and is supported by the Centre for Hip Health and Mobility, through a grant from the BC Ministry of Health.	
	PRESENTER:  • YASMIN YASSIN, Research Coordinator, Centre for Hip Health and Mobility	
	SESSION 6 – Rapid Access to Consultative Expertise: An Innovative Model of Shared Care	2nd Level, Plaza C
	Rapid Access to Consultative Expertise (RACE) is an innovative model of shared care, where family physicians can call one number, choose from a selection of specialty services and be connected to specialists within minutes. This presentation will discuss how the model works and share the successful outcomes of the model, such as how 60% of users avoid face-to-face consults.	
	PRESENTERS:  • DAVID THOMPSON, VP, Seniors Care and Clinical Support Services, Providence Health Care  • DR. GAREY MAZOWITA, Clinical Professor, University of British Columbia	
	Faculty of Medicine FitNation outdoor fitness class	Outside
		(meet at registration)
2:00 pm – 1:00 pm	Lunch	3rd Level, Regency Ballroom
:00 pm – 2:00 pm	Concurrent Sessions (6)	

SESSION 7 – Southcentral Foundation's Nuka System of Care	3rd Level, Regency Ballroom
The "Nuka System of Care" is a term that describes the relationship-based health care system created, managed and owned by Alaskan Native people, the system's "customer-owners", to achieve physical, mental, emotional and spiritual wellness. The system is comprised of numerous integrated parts working together to support wellness, including behavioral, dental, medical and traditional services, and all the infrastructure, organizational strategies, processes, systems and departments that support the service delivery.	
<ul> <li>PRESENTERS:</li> <li>DR. DONNA GALBREATH, Medical Director, Quality Assurance,         Medical Services Division, Southcentral Foundation</li> <li>DR. KATHERINE GOTTLIEB, President &amp; CEO, Southcentral Foundation</li> </ul>	
SESSION 8 – Cultural Excellence in Nursing	2nd Level, Georgia A
The Nuu-chah-nulth Tribal Council, being one of the first health transfer organizations in Canada, has a nursing program that has evolved over decades, with the main focus of delivering culturally safe care. A video of culturally safe nursing practices in action will be shown, followed by an interactive discussion of policy that supports culturally safe care.	
PRESENTERS:  • SHAUNEE CASAVANT, Nuu-chah-nulth Health Professional, Hupacasath First Nation  • LAURIE DOKIS, Nursing Practice Consultant, College of Registered Nurses of BC	
SESSION 9 – New Territory for the FNHA: Chief Medical Officer	2nd Level, Georgia B
Come meet Dr. Evan Adams for an introduction and overview of the First Nations Health Authority Office of the Chief Medical Officer. The Office is new territory for FNHA and indeed a first for Canada. The development of the Office will contribute to the continued transformation of health care and improving access and quality of health care services consistent with the wellness directives provided by First Nations communities.	
PRESENTER:  • DR. EVAN ADAMS, Chief Medical Officer, First Nations Health Authority	

SESSION 10 – Indian Residential School Programs: Services for the Future	2nd Level, Plaza B
Join our panel for an interactive discussion on the topic of Indian Residential School Programs – Services for the Future. The panellists will share their perspectives on trauma-informed care, the legacy of the IRS system and services available to survivors.	
MODERATOR:  • LINDA PILLSWORTH, Executive Director, Community Health & Wellness Services, First Nations Health Authority	
PANELLISTS:  • JODIE MILLWARD, Regional Mental Wellness Advisor, Fraser-Salish Region, First Nations Health Authority  • NOLA JEFFREY, Program Director, Tsow-Tun Le Lum Society  • CINDY TOM-LINDLEY, Executive Director, Indian Residential School Survivors Society  • DR. HEIDI HANSEN, Therapist, HLHansen Counselling Inc.  • MICHAEL SIMPSON, Senior Program Consultant (IRS), First Nations Health Authority	
SESSION 11 – Culture and Identity: A Road to a Healthy Community	2nd Level, Plaza A
First Nations communities and their people were stripped of their culture, artifacts, and land, and were purged of their collective and individual identities. In short, they lost identity, and, in the end, the only feelings that were coupled to their culture were 'shame'-based feelings. Such is the net result of 'identity trauma'. This presentation will focus on establishing a route back to healing and health, whether it be on an individual basis or as a community, through 'culture'.  PRESENTERS:  • MICHAEL MCCARTHY, Prevention and Training Coordinator, Nuu-chah-nulth Tribal Council  • JOE TOM, Senior Cultural Worker, Nuu-chah-nulth Quu'asa Program	
SESSION 12 – Now That We're Connected: First Nations Telehealth Showcase	2nd Level, Plaza C
One of the major eHealth initiatives in BC is the First Nations Telehealth Expansion Project (FNTEP). Telehealth is the delivery of health/ wellness services and education at a distance through live, interactive videoconferencing. This session will explore the project, its community-driven approach, and stories about how Telehealth is being used by First Nations from across BC to support health and wellness service delivery. It will also look at the next steps for Telehealth and future opportunities for engagement.	
PRESENTERS:  • JOSEPH MENDEZ, CIO and VP, Innovation and Information Management Services, First Nations Health Authority  • MEGAN HUNT, Director, eHealth, First Nations Health Authority	

2:00 pm – 2:15 pm	Health Break	3rd Level, Foyer
2:15 pm – 3:15 pm	Concurrent Sessions (6)	
	SESSION 13 – Easy Steps for Anyone Looking to Live a Longer and Healthier Life: A Humorous Look at Healthy Living	3rd Level, Regency Ballroom
	Every person can do something to improve their chance of living longer, healthier and happier. Join Dr. Art Hister for a humorous presentation that offers lots of simple advice on how to achieve your health goals in life.  PRESENTER:	
	• DR. ART HISTER, Healthy Living Consultant and Analyst, Global BC and CKNW  SESSION 14 – BC Coroners Service Role, Function and Partnership with First Nations Health Authority	2nd Level, Georgia A
	This workshop will provide an overview of the role, responsibilities and authorities of the Coroner in BC and explain how the Coroner goes about determining who died, when, where, how and by what means. This workshop will also provide an overview of the BCCS's recent partnership and MOU with the FNHA.	
	PRESENTERS:  • VINCE STANCATO, Deputy Chief Coroner, BC Coroners Services  • JOE GALLAGHER, CEO, First Nations Health Authority	
	SESSION 15 – BC Early Years Centre Network	2nd Level, Plaza A
	The BC Early Years Strategy is a plan for all young children in BC to have the best possible start in life. The BC Early Years Centres include partners like health providers, school districts, family service providers, local governments and families. The aim is to build awareness, share learnings, and gather considerations on furthering the network in First Nations communities.	
	<ul> <li>PRESENTERS:</li> <li>TESSA GRAHAM, Executive Lead, Provincial Office for the Early Years</li> <li>DANIELLE SMITH, Director, Aboriginal Stakeholder Engagement and Coordination, Provincial Office for the Early Years</li> </ul>	
	SESSION 16 – Transformation of First Nations Health Governance in BC	2nd Level, Georgia B
	This presentation will share the stories of health care professionals and leaders on the transformation of First Nations health governance processes. It will be based on experiences from across BC and will discuss issues, successes, and challenges around strategies to support regional planning and coordination of health services to improve health care for BC First Nations people.	Zina zevely deorgia b
	PRESENTERS:  • DR. JOHN O'NEIL, Dean of Faculty of Health Sciences, Simon Fraser University  • DR. LLOY WYLIE, Assistant Professor, Schulich Interfaculty Program in Public Health, Western University	

	SESSION 17 – Living a Healthy Life with Chronic Conditions	2nd Level, Plaza B
	This presentation will focus on four Self-Management programs: Chronic Disease, Chronic Pain, Diabetes, and Arthritis/Fibromyalgia. Attendees will learn how to incorporate healthy eating and exercise into daily regimes, and how to problem-solve and turn negative self-talk into positive self-talk. This presentation will also demonstrate how to communicate effectively with friends, family, and health care professionals.  PRESENTERS:  • JUNE CLEARSKY, Aboriginal Liaison and Program Coordinator, Self-Management BC Programs, University of Victoria Centre on Aging	
	• RHONDA CARRIERE, Fraser Health Region of the Lower Mainland Coordinator,	
	Self-Management BC Programs, University of Victoria Centre on Aging  SESSION 18 – Community-Driven Addiction Services and National Native Alcohol and Drug Abuse Program (NNADAP) Review	2nd Level, Plaza C
	A review of current programming and services provided through the First Nation Health Authority-funded NNADAP treatment centers was recently completed. Reflecting on the key themes highlighted in the review, representatives from four BC treatment centers will speak to how they are strategically positioning themselves to optimally function as part of a culturally inclusive and safe mental health & wellness care continuum.	
	MODERATOR: • RICHARD JOCK, Chief Operating Officer, First Nations Health Authority	
	PANELLISTS:  • MABEL LOUIE, Executive Director Health Services, Carrier Sekani Family Services  • RANDALL BRAZZONI, Addictions Recovery Programs Manager,	
	Carrier Sekani Family Services  • YVONNE RIGBY-JONES, Executive Director, Tsow-Tun Le Lum Treatment Centre  • LEAH LOUIS, Program Director, Round Lake Treatment Centre  • WILLIE ALPHONSE, Executive Director, Nenqayni Wellness Centre  • JIM CHORNEY, Operations Director, Nenqayni Wellness Centre	
	FitNation outdoor fitness class	Outside (meet at registration)
3:15 pm – 4:00 pm	Award Ceremony: Beefy Chiefs 2.0 – Step Up Challenge Winners Join emcee, Dr. Evan Adams, for an exciting awards ceremony. Meet our Step Up winners who went above and beyond during the Challenge, and hear their inspirational stories of triumph and success!	3rd Level, Regency Ballroom
	Hosted by DR. EVAN ADAMS, CMO, First Nations Health Authority	
5:00 pm <i>–</i> 8:00 pm	Cultural Sharing Dinner  A hearty meal will be served at 5:00 pm, followed by Cultural Sharing from dance groups across the five diverse regions of British Columbia.	3rd Level, Regency Ballroom

### **DAY 3** – THURSDAY, MAY 7, 2015

TIME	SESSION	LEVEL/ROOM
6:30 am – 7:30 am	FitNation fitness class	2nd Level, Georgia A
7:00 am	Registration Opens	2nd Level, Foyer
7:30 am – 8:30 am	Breakfast	3rd Level, Regency Ballroom
8:30 am – 9:30 am	Keynote Presentation from Southcentral Foundation  Through the Southcentral Foundation, Alaska Native people have been in control of their health services for more than 30 years. The Alaska Native health care organization was established in 1982 to improve the health and social conditions of Alaska Native people, and under the direction of its President and CEO, Dr. Katherine Gottlieb, has become a leader among the nation's health care organizations. Hear from Dr. Gottlieb as she shares the Alaska story and what it took to transform their health system.  PRESENTER:  • DR. KATHERINE GOTTLIEB, President & CEO, Southcentral Foundation	3rd Level, Regency Ballroom
9:30 am – 9:45 am	Health Break	3rd Level, Foyer
9:45 am – 10:45 am	Concurrent Sessions (6)	
	SESSION 19 – Environmental Health	3rd Level, Regency Ballroom
	PRESENTATION A: Ten Steps Ahead: Managing the Impacts of Extractive Industry Development on Community Health  The goal is to be ten steps ahead, not ten steps back, as mining projects evolve. Since the first community meeting in 2010, we have completed a community health and sustainability baseline report and a construction phase report (2014) and we're now monitoring conditions through the opening and operating phases of the Mount Milligan mine. Using photos and experiences, we will share our research as a resource for other communities facing similar pressures, and present our recommendations for governments, communities, and industry in working towards managing community health.  PRESENTERS:  ANN MARIE SAM, Councillor, Nak'azdli First Nation  LIZA SAM, Community Health Nurse, Nak'azdli First Nation  KANDACE KERR, Research Coordinator, University of Victoria Mining and Community Health Project	
	PRESENTATION B: Reflections on Ownership, Control, Access and Protection of Data and the Extractive Sector in BC  Since 2010, our team has worked in partnership with a number of First Nation communities who are concerned about health impacts associated with developments in the extractive sector. A key focus of this presentation will be the relationship between the ownership, control, access and protection of data, the current management of data through an environmental assessment process, and extractive sector development.  PRESENTER:  • JANIS SHANDRO, Consultant, Monkey Forest Consulting	

SESSION 20 – Maternal Child Health	2nd Level, Plaza C
PRESENTATION A: Supporting Rural Maternity Care for First Nations Communities: Findings from an International Review of the Literature BC First Nations communities have highlighted the significance of birth as a community event and the health and wellness of family as a priority. To gather evidence and information, FNHA and the Applied Policy Research Unit at UBC collaboratively reviewed international research findings for best practices and models in rural maternity services. Recommendations based on these findings will be shared.	
PRESENTER: • KAYLA SERRATO, Senior Policy Analyst, First Nations Health Authority	
PRESENTATION B: Empowering Families with Seabird Island Maternal Child Health Program  This presentation about the Seabird Island Health Centre's Maternal Child Health Program will include a PowerPoint presentation and video clips from mothers and families involved in the program. Attendees will see first-hand how families feel about the program and the difference it makes in their lives.  PRESENTERS:  • AMELIA DORAN, Registered Midwife, Seabird Island Health Centre  • MAXINE STUMP, Kwiyo:s, LPN, Seabird Health Centre	
SESSION 21 – New Territory for the FNHA: Chief Medical Officer	2nd Level, Plaza B
Come meet Dr. Evan Adams for an introduction and overview of the First Nations Health Authority Office of the Chief Medical Officer. The Office is new territory for FNHA and indeed a first for Canada. The development of the Office will contribute to the continued transformation of health care and improving access and quality of health care services consistent with the wellness directives provided by First Nations communities.	
PRESENTER: • DR. EVAN ADAMS, Chief Medical Officer, First Nations Health Authority	

#### SESSION 22 – Sharing Stories of Inspiration: Sport and Recreation

#### PRESENTATION A: First Nations Ironman Triathletes

Suzanne and I will introduce ourselves, where we currently reside and what we do for work. We will talk about how we got into Ironman and why we have competed as often as we have. We will also discuss what we do with our passion to train and how we manage it after our season has ended.

#### PRESENTERS:

- SONNY SELLARS, Keller Community Centre Supervisor, Colville Tribes
- SUZANNE WILKINSON, Aboriginal Advisor, Camosun College

#### PRESENTATION B: Sport is Good Medicine for Our People

Current and retired world class, First Nation athletes will share inspiring thoughts and stories of why sport is good medicine for our people. Sport and recreation provides important social, health and wellness measures to facilitate strong healthy Nations. From children and youth, to adults and elders, sport competition and recreational activities are an important investment in our communities.

#### PRESENTERS:

- GREG EDGELOW, Manager, Planning & Integration, First Nations Health Authority
- LARA MUSSELL SAVAGE, Manager, Aboriginal Sport, Recreation & Physical Activity Partners Council

#### SESSION 23 – Nisga'a Valley Health Care Transformation: An Innovative Journey

This presentation will provide information on health care transformation and how a newly created Chief Medical Officer position for the Nisga'a Nation is guiding a process on quality improvements and timely access to health care. It will focus on the path to an independent hospital for the Nisga'a Nation, as well as the strategies, challenges, and successes involved in the process.

#### PRESENTERS:

- DR. MARK GODLEY, Chief Medical Officer, Nisga'a Valley Health Authority
- MAGGIE PATSY, Chief Human Resource Officer, Nisga'a Valley Health Authority

2nd Level, Georgia B

2nd Level, Georgia A

	SESSION 24 – Community-Driven Addiction Services and National Native Alcohol and Drug Abuse Program (NNADAP) Review	2nd Level, Plaza A
	A Review of current programming and services provided through the First Nation Health Authority (FNHA) funded NNADAP Treatment Centers has recently been completed. Reflecting on the key themes highlighted in the Review, representatives from four BC treatment centers will speak to how they are strategically positioning themselves, to optimally function as part of a culturally inclusive and safe Mental Health & Wellness care continuum. MODERATOR:	
	RICHARD JOCK, COO, First Nations Health Authority	
	PANELLISTS:  • MABEL LOUIE, Executive Director Health Services, Carrier Sekani Family Services  • RANDALL BRAZZONI, Addictions Recovery Programs Manager, Carrier Sekani Family Services  • YVONNE RIGBY-JONES, Executive Director, Tsow-Tun Le Lum Treatment Centre  • LEAH LOUIS, Program Director, Round Lake Treatment Centre  • WILLIE ALPHONSE, Executive Director, Nenqayni Wellness Centre  • JIM CHORNEY, Operations Director, Nenqayni Wellness Centre	
10:45 am – 11:00 am	Health Break	3rd Level, Foyer
11:00 am – 12:00 pm	Concurrent Sessions (6)	
	SESSION 25 – Our Story: BC First Nations Journey – Taking Control of Health Services	3rd Level, Regency Ballroor
	In October 2013, a series of key political agreements and a Community-Driven consensus building and decision-making process culminated in the transfer of First Nations health programs and services to First Nations. Learn how 203 diverse communities united to take over administration of federal health programs and services, a first for Canada, and how the newly minted FNHA is positively impacting provincial health service delivery and health outcomes for First Nations peoples in BC.	
	PRESENTERS:  • GRAND CHIEF DOUG KELLY, Chair, First Nations Health Council  • JOE GALLAGHER, CEO, First Nations Health Authority	
	SESSION 26 – PATH: Cultural Means of Healing Trauma	2nd Level, Plaza B
	This presentation will explain how the PATH program was developed in Treaty 8 Aboriginal communities in Northeastern BC. It will illustrate the successes and challenges faced with using pre-contact ceremonial and traditional means to heal unresolved trauma. The presentation will conclude with a discussion on how reducing the stigma of mental health in Aboriginal communities can promote health and wellness.	
	PRESENTERS:  • KYRA MASON, Executive Director, Nenan Dane zaa Deh Zona Family Services Society  • DEBRA TRASK, PATH Coordinator, Nenan Dane zaa Deh Zona Family Services Society  • TARYN DANFORD, Service Coordinator, Nenan Dane zaa Deh Zona	
	Family Services Society	

SESSION 27 – Approaches to Wellness and Prevention Initiatives in Aboriginal Communities	2nd Level, Georgia A
The BC Cancer Agency Prevention Programs has a network of Prevention Educational Leaders who seek to understand the wellness goals of a community and then assist with designing a cancer prevention approach that fits that community. Insights from community wellness initiatives will be discussed, as will two projects: A Mother's Message (Pregnancy and smoking video); and Tutu a la kup — Echoing Aboriginal Women's Wellness Society.  PRESENTERS:  • CHRISTY ANDERSON, Prevention Education Leader, BC Cancer Agency Prevention Program  • CHERYL COLBY, Prevention Education Leader, BC Cancer Agency Prevention Program	
SESSION 28 – Let's Talk Transformation: Health Benefits	2nd Level, Georgia B
The Health Benefits team promotes health through wellness and prevention by offering benefits such as: medical transportation, vision care, mental health, dental services, and medical supplies and equipment to community members across BC. Our team will provide an update on how we are aligning ourselves with community direction, and implementing feedback received through community engagement sessions. We work with communities to transform health benefits and services, with a current focus on: medical transportation, the selection of a new claims adjudicator and a new provider registration process.	
PRESENTER:  • JOHN MAH, VP, Health Benefits, First Nations Health Authority	
SESSION 29 – Data Governance and Identity Management	2nd Level, Plaza C
First Nations have outlined a long-term vision for First Nations data governance and identity management as a building block for transformation and to establish a foundation for comprehensive health and wellness plans and informed decision-making. Learn more about the BC First Nations Data Governance Initiative, as well as ongoing and upcoming surveys, and other related initiatives.	
PRESENTERS:  • GWEN PHILIPS, First Nations Health Council Representative – Interior Region  • RICHARD JOCK, COO, First Nations Health Authority  • JOSEPH MENDEZ, CIO and VP, Innovation and Information Management Services, First Nations Health Authority	

	SESSION 30 – Integrating Modern-Western and Traditional-Indigenous Approaches to Health and Healing	2nd Level, Plaza A
	Vancouver Native Health Society's model of care, and its successes and challenges, will be shared along with the story of how physicians and elders became partners at VNHS in order to decrease health inequities, promote cultural safety and improve the health of Indigenous patients. We will also discuss a newly funded program that will look at patient outcomes, including resilience, balance, depression and substance use in relation to connecting elders as part of a primary health care experience.  PRESENTERS:  • DR. DAVID TU, Family Physician, Vancouver Native Health Society	
	• ROBERTA PRICE, Elder, Vancouver Native Health Society • JENNIFER DEHONEY, Program Coordinator, Vancouver Native Health Society	
	FitNation outdoor fitness class	Outside (meet at registration)
12:00 pm – 1:00 pm	Lunch	3rd Level, Regency Ballroom
1:00 pm – 2:00 pm	Concurrent Sessions (6)	
	SESSION 31 – Joint Project Board Show and Tell Panel: Promising Practices and Models Session – Session I	3rd Level, Regency Ballroom
	The BC First Nations and Ministry of Health Joint Project Board (JPB) is a senior bilateral forum which aims to advance strategic priorities and overcome policy barriers. A key priority of the JPB is the administration of funding to increase access to primary care, oral health services, maternal and child health care, and mental wellness services. This session will showcase projects and innovative models of service delivery underway, such as teamlet and mobile models, strategic additions of health care providers, supports to develop multidisciplinary teams, and new funding models and technology.	
	MODERATOR: • ARLENE PATON, Assistant Deputy Minister, Ministry of Health	
	PANELLISTS:	
	<ul> <li>VANCOUVER COASTAL</li> <li>ALLISON TWISS, Regional Director – Vancouver Coastal,         First Nations Health Authority</li> <li>CYNTHIA JAMIESON, Executive Director,         Tla'amin Community Health</li> <li>MICHAEL MAXWELL, Health Director, Sechelt Indian Band</li> </ul>	
	• LISA MONTGOMERY REID, Regional Director – Interior, First Nations Health Authority	
	• TRISH OSTERBERG, Regional Director – Fraser Salish, First Nations Health Authority • SHERRY MUMFORD, Director, Substance Use services,	
	Mental Health and Substance Use program, Fraser Health	

SESSION 32 – Meaningful Measures: An Exploration of Wellness Indicators	2nd Level, Georgia A
Developing wellness indicators is about deciding how we know when we are well. They help us know where we, as a province, as regions, as communities, and as individuals are going, and where we have been, on our wellness journeys. We will review and discuss existing Indigenous, strengths-based indicators and our previous engagement with First Nations in BC.  PRESENTERS:  • GWEN PHILIPS, First Nations Health Council Representative – Interior Region • DR. AMANDA WARD, Director, Research, Knowledge Exchange and Evaluation, First Nations Health Authority • BRENNAN MACDONALD, Regional Director – Vancouver Island,	
First Nations Health Authority • SUZANNE GESSNER, Phd, Language Activist, First Peoples' Cultural Council	
SESSION 33 – Let's Talk Transformation: Health Benefits	2nd Level, Georgia B
The Health Benefits team promotes health through wellness and prevention by offering benefits such as: medical transportation, vision care, mental health, dental services, and medical supplies and equipment to community members across BC. Our team will provide an update on how we are aligning ourselves with community direction, and implementing feedback received through community engagement sessions. We work with communities to transform health benefits and services, with a current focus on: medical transportation, the selection of a new claims adjudicator and a new provider registration process.	
PRESENTER:	
• JOHN MAH, VP, Health Benefits, First Nations Health Authority	
SESSION 34 – Breast Health 101	2nd Level, Plaza A
Breast Health 101 is an informative one-hour educational workshop delivered to women, men or a mixed audience. It is a chance to learn about breast health, early detection and mammograms. In this workshop we will present information that dispels common myths around breast cancer and its causes, and teach attendees how to be proactive in reducing their risk.	
PRESENTER:  • AMANDA MCNALLY, Community Relations Specialist, Canadian Breast Cancer Foundation, BC/Yukon Region	
SESSION 35 – Building our Future: An Engagement on Community Capital	2nd Level, Plaza C
This interactive workshop will promote dialogue on opportunities to transform community health facility capital projects. Participants in small group discussions will share the most important health facility concerns facing communities and identify innovative solutions. Feedback can also be provided at our trade show booth on level three.	
PRESENTER: • GREG SHEA, VP, Corporate Services, First Nations Health Authority	

This presentation will share the stories from communities who have developed innovative practices in nursing services and delivery models.  Community health care leaders will present brief case studies on issues and challenges they faced, and on strategies they implemented to improve nursing services for their communities.  MODERATOR:  • RICHARD JOCK, COO, First Nations Health Authority  Health Break  Concurrent Sessions (6)  SESSION 37 – Joint Project Board Show and Tell Panel: Promising Practices and Models – Session II  The BC First Nations and Ministry of Health Joint Project Board (JPB) is a	3rd Level, Foyer  3rd Level, Regency Ballroor
• RICHARD JOCK, COO, First Nations Health Authority  Health Break  Concurrent Sessions (6)  SESSION 37 – Joint Project Board Show and Tell Panel: Promising Practices and Models – Session II  The BC First Nations and Ministry of Health Joint Project Board (JPB) is a	
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and Models – Session II  The BC First Nations and Ministry of Health Joint Project Board (JPB) is a	3rd Level, Regency Ballroom
policy barriers. A key priority of the JPB is the administration of funding to increase access to primary care, oral health services, maternal and child health care, and mental wellness services. This session will showcase projects and innovative models of service delivery underway, such as teamlet and mobile models, strategic additions of health care providers, supports to develop multidisciplinary teams, and new funding models and technology.	
MODERATOR:  • ARLENE PATON, Assistant Deputy Minister, Ministry of Health	
PANELLISTS:	
NORTH  • NICOLE CROSS, Regional Director – North, First Nations Health Authority  • MARGO GREENWOOD, PhD, Vice President, Aboriginal Health,	1 (3) (23)
Northern Health	
VANCOUVER ISLAND     BRENNAN MACDONALD, Regional Director – Vancouver Island,     First Nations Health Authority	3 761
SESSION 38 – My Sacred Journey: Aboriginal Pregnancy Passport	2nd Level, Plaza B
This passport is the result of the vast expertise from health care providers and community members throughout the province. This workshop will illustrate the collaborative process in developing My Sacred Journey:  Aboriginal Pregnancy Passport with health care providers and First Nation/Aboriginal communities and organizations.	
PRESENTER:  • LUCY BARNEY, Provincial Lead, Aboriginal Health, Perinatal Services BC, An Agency of PHSA  • ADAM KING, Provincial Lead, Health Promotion and Prevention,	
	increase access to primary care, oral health services, maternal and child health care, and mental wellness services. This session will showcase projects and innovative models of service delivery underway, such as teamlet and mobile models, strategic additions of health care providers, supports to develop multidisciplinary teams, and new funding models and technology.  MODERATOR:  • ARLENE PATON, Assistant Deputy Minister, Ministry of Health  PANELLISTS:  NORTH  • NICOLE CROSS, Regional Director – North, First Nations Health Authority  • MARGO GREENWOOD, PhD, Vice President, Aboriginal Health,  Northern Health  VANCOUVER ISLAND  • BRENNAN MACDONALD, Regional Director – Vancouver Island,  First Nations Health Authority  SESSION 38 – My Sacred Journey: Aboriginal Pregnancy Passport  This passport is the result of the vast expertise from health care providers and community members throughout the province. This workshop will illustrate the collaborative process in developing My Sacred Journey:  Aboriginal Pregnancy Passport with health care providers and First Nation/  Aboriginal communities and organizations.  PRESENTER:  • LUCY BARNEY, Provincial Lead, Aboriginal Health, Perinatal Services BC, An Agency of PHSA

	SESSION 39 – Spirit of Renewal and Healing: Addressing Drug & Alcohol Abuse with Traditional Law as directed by the Hawiith	2nd Level, Plaza A
	The presentation will be in a story sharing format that will invite open dialogue of two completed sessions and the successes that came from them. It will include	
	information on where resources were accessed and how partnerships were established with Western medical and psychology partners. The presentation will highlight the importance of cultural practices paired with Western medicine to better support clients.	
	PRESENTERS:  • GREG LOUIE, Chief Councillor, Ahousaht First Nation  • DAVE FRANK, Community Health Services Manager, Ahousaht First Nation	
	SESSION 40 – Building our Future: An Engagement on Community Capital	2nd Level, Plaza C
	This interactive workshop will promote dialogue on opportunities to transform community health facility capital projects. Participants in small group discussions will share the most important health facility concerns facing communities and identify innovative solutions. Feedback can also be provided at our trade show booth on level three.	
	PRESENTER:	
	GREG SHEA, VP, Corporate Services, First Nations Health Authority	
	SESSION 41 – Our Collaborative Journey: Reaching the Risky	2nd Level, Georgia A
	The Ktunaxa Nation has collaborated with urban service providers, recipients and the Metis to meet the needs of vulnerable adults without funding. This presentation will discuss the "A Place to Call Home" program. Two films will also be shown to showcase the improved wellness outcomes for homeless and at risk populations: Operation Street Angel, and Our Collaborative Journey: Reaching the Risky.	
	PRESENTERS:  • SHANNON GIRLING-HEBERT, Administrator, Quality Assurance and Service Integration, Ktunaxa Nation Council  • DIANE WHITEHEAD-BISSETT, Aboriginal Community Liaison, Ktunaxa Nation Council	
	SESSION 42 – Indian Residential School Programs: Services for the Future	2nd Level, Georgia B
	Join our panel for an interactive discussion on the topic of Indian Residential School Programs – Services for the future. The panellists will share their perspectives on trauma-informed care, the legacy of the IRS system and services available to survivors.	
	MODERATOR:	
	• LINDA PILLSWORTH, Executive Director, Community Health & Wellness Services, First Nations Health Authority	
	PANELLISTS:  • JODIE MILLWARD, Regional Mental Wellness Advisor, Fraser-Salish Region, First Nations Health Authority  • NOLA JEFFREY, Program Director, Tsow-Tun Le Lum Society	
	CINDY TOM-LINDLEY, Executive Director, Indian Residential School     Survivors Society	
	<ul> <li>DR. HEIDI HANSEN, Therapist, HLHansen Counselling Inc.</li> <li>MICHAEL SIMPSON, Senior Program Consultant (IRS),         First Nations Health Authority</li> </ul>	
15 pm – 4:00 pm	Closing Ceremony and Remarks; Draw Prizes	3rd Level, Regency Ballroo

TIME	DATE	LEVEL/ROOM	
TRADESHOW			
8:30 am – 4:30 pm	May 6 – 7, 2015	Located on the 3rd Floor	
HEALTH SCREENING			
8:00 am – 5:00 pm	May 5 – 7, 2015	Located on the 4th Floor, Brighton Room	

#### FREQUENTLY ASKED QUESTIONS

#### ■ What time is hotel check-in and check-out?

Check-in time is 4:00pm (or earlier if a room is ready). If a room isn't yet ready and you arrive earlier, the Hyatt can store your bags while you explore the city. Check-out time is 12:00pm. The front desk will store your bags for the day at no extra cost if you are leaving later than check-out time.

#### How do I get reimbursed for travel expenses?

The FNHA will provide reimbursement for travel and accommodation expenses for two delegates per BC First Nation community — a Political Lead (Chief or designate) and a Technical Lead (FNHDA Full Member or Health Director). There will be travel claim forms provided in conference registration kits.

For travel reimbursement related inquiries, please visit the Registration HelpDesk located on the 2nd level, near registration.

Eligible attendees can submit completed travel claims including original receipts to the Reimbursement Table at the Registration HelpDesk located on the 2nd level foyer.

#### How do I use the elevators?

The Hyatt elevators are a bit tricky! To use them, approach the touch pad in the lobby outside the elevators and enter your destination floor number. The screen will then indicate which elevator you will be taking (e.g. A, B, C, D, etc). Stand in front of the appropriate elevator. There are no buttons inside the elevators, so if you get on the wrong one, you won't be able to get to the floor you're trying to reach.

#### How do I access the internet?

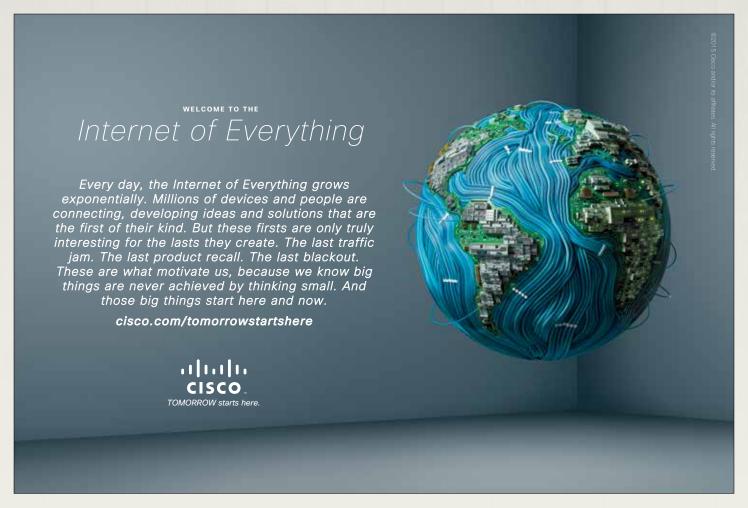
Guests staying at the Hyatt receive free wireless internet with their rooms. The code will be given to you at check-in.

#### What meals are provided at the Forum?

Breakfast and Lunch will be provided both days of the Forum, May 6th and 7th. There will also be a Cultural Sharing Dinner on the evening of May 6th, in the Regency Ballroom.

#### Have additional questions?

Ask one of our staff members or inquire at the registration table.



# Health Screening

May 5-7<sup>th</sup>, 2015 | 34<sup>th</sup> floor, Brighton Room





First Nations Health Authority
Health through wellness

# Come for your free health screening at Gathering Wisdom for a Shared Journey VII!

Screening stations that are available include:

- Liver health
- Blood Pressure
- Glucose levels
- Tuberculosis (TB)

Chronic hepatitis C infection is highly prevalent in an ageing population. A "healthy liver" promotion campaign based around liver disease assessment, using a non-invasive scanning procedure, can increase access and promote wellness. romote wellness.



# Energize your day by joining the FitNation movement!

Come and experience the new and innovative fitness program that everyone is talking about. Specifically designed to address the fundamental barriers experienced by Aboriginal people in their efforts to become physically active, FitNation combines a variety of dynamic stretching exercises to create a fun, adaptable and easy to learn experience for all fitness levels, from introductory, intermediate to advanced. Led by Nike Sparq trainer Dwayne Roberts and community FitNation leaders Dianne Garner and Wesley Paul.

Outdoor session classes will meet at registration desk and take place on the Seawall.

#### Wednesday, May 6

6:00 am – 7:00 am, 2nd Level, Georgia A Ballroom 11:00 am – 12:00 pm, Outdoors (meet at registration) 2:15 pm – 3:15 pm, Outdoors (meet at registration)

#### Thursday, May 7

6:30 am – 7:30 am, 2nd Level, Georgia A Ballroom 11:00 am – 12:00 pm, Outdoors (meet at registration)

PRIZES AVAILABLE FOR EARLY AM SESSIONS!!



Live a healthy life while managing diabetes – these outstanding books will show you how!

These books are used in First Nation communities across Canada.

Come see the books and talk to the author at Karen Graham's booth at Gathering Wisdom VII.

#### www.karengraham.ca



#### Building Our Future: An Engagement on Community Health Facility Capital Projects

Are you interested in helping to shape the future of community health facility projects? If so, you have three (3) ways to provide feedback and you could WIN a Fitbit!

1: Participate in a workshop

These workshops promote a dialogue on opportunities to transform community health facility capital projects.

Location: 2nd Level Plaza C Session #35: May 7, 1:00pm-2:00pm Session #40: May 7, 2:15pm-3:15pm

- 2: Come by our Tradeshow Booth on the 3rd floor to talk with us
- 3: Go to http://fnha.fluidsurveys.com/s/Capital-Projectssurvey/ to complete our online feedback form



First Nations Health Authority

Health through wellness

Your perspective is truly valued and we hope to hear from you!

### **KEYNOTE SPEAKERS**



DR. EVAN ADAMS
CMO, First Nations Health Authority

In his role as CMO, Dr. Evan Adams provides invaluable leadership and represents FNHA while working alongside government partners on health issues that affect First Nations and all British Columbians. Adams leads a team of FNHA physicians (health and wellness partners to BC First Nations) who continue to focus on First Nations health and wellness to create and shape a unique health care model. Dr. Adams was previously appointed as Deputy Provincial Health Officer providing independent direction on First Nations and Aboriginal health issues to the Ministry of Health.



DR. DONNA GALBREATH
Medical Director, Quality Assurance,
Medical Services Division, Southcentral
Foundation (SCF)

As SCF's medical director of quality assurance, Dr. Donna Galbreath provides direction in strategic planning and development of SCF's comprehensive quality assurance program.

Dr. Galbreath was instrumental in creating a multidisciplinary peer review program at the Alaska Native Medical Center (ANMC), a 150-bed hospital comanaged by SCF and the Alaska Native Tribal Health Consortium. She maintains an active clinical practice and presents nationally and internationally on quality assurance, corporate compliance, and SCF's relationship-based Nuka System of Care.



JOE GALLAGHER
CEO, First Nations Health Authority

Joe Gallagher is of Sliammon First
Nation ancestry and serves as the Chief
Executive Officer for the FNHA. As
CEO, Mr. Gallagher leads the planning
and organizational development of
the FNHA, which includes negotiating
and implementing of the transfer of
regional operations of First Nations
& Inuit Health Branch-BC Region to
FNHA and working closely with federal
and provincial governments, provincial
health authorities, health professional
associations and agencies to improve
First Nations Health and Well-being.



DR. KATHERINE GOTTLIEB

President & CEO, Southcentral Foundation

For more than 20 years Dr. Katherine Gottlieb MBA, Doctor of Public Service, has served as President and CEO of Southcentral Foundation (SCF) in Anchorage, Alaska, which provides health and related services to 65,000 Alaska Native and American Indian people in a geographical service area of over 100,000 square miles. SCF also jointly owns and operates the 150-bed Alaska Native Medical Center, supporting 140,000 people statewide. As CEO, Ms. Gottlieb oversees 1,750 people and administers an annual budget of \$210 million to manage more than 90 health care programs and services.

# **KEYNOTE SPEAKERS**



LYDIA HWITSUM
Chair, First Nations Health Authority

Lydia Hwitsum is Chair of the First Nations Health Authority and has served on the FNHA Board of Directors since 2012. Her leadership positions have included Chief of Cowichan Tribes, Task Group member of the First Nations Summit, BC Region elected representative on the Assembly of First Nations National Women's Council, and former Chair of the First Nations Health Council. She is a graduate of the University of Victoria Law School, and has a Certificate in the Administration of Aboriginal Government, and a Diploma in Public Sector Management.



GRAND CHIEF DOUG KELLY Chair, First Nations Health Council

Grand Chief Doug Kelly has more than 25 years of leadership experience, including: four terms as Chief of Soowahlie, eight years as Tribal Chief and officer for the Stó:lō Tribal Council, and key leadership positions with the First Nations Summit Political Executive, founding Chair of the BC First Nations Fisheries Council, and the BC Treaty Commission. The FNHC is responsible for overseeing the design of and transition to a new First Nations health governance structure, as well as overseeing the delivery of health action items identified in the Tripartite First Nations Health Plan.



DR. ART HISTER

Healthy Living Consultant and Analyst, Global BC and CKNW

Although Dr. Art Hister has been a full-time "media doctor" since 1991, his major claim for respect from his family is that in 1969, Dr. Hister was at Woodstock. He was also the first full-time physician at the legendary Pine Free Clinic. Dr. Hister has been a health consultant to the BC government, and currently serves as a consultant for several organizations including the BC Alzheimer Society and the Tapestry Foundation on issues affecting aging.



ARLENE PATON
Assistant Deputy Minist

Assistant Deputy Minister, Ministry of Health

As Assistant Deputy Minister, Population and Public Health, Arlene Paton is responsible for a team of 130 people who work on programs, services and initiatives related to: environmental health; communicable disease prevention; immunization; health emergency management; harm reduction; tobacco control; maternal, child and youth public health programs; mental health; healthy schools, communities and workplaces; and strategies to increase healthy eating and physical activity. Her team also focuses on specific populations such as Aboriginal peoples, seniors and the status of women.



#### SONY PERRON

Senior Assistant Deputy Minister, First Nations and Inuit Health Branch, Health Canada

Sony Perron has been with Health Canada (HC) for more than 10 years and has held several positions within the First Nations and Inuit Health Branch, including Director General, Non-Insured First Nations and Inuit Health Benefits, the largest HC Program in terms of budget. His extensive experience and responsibilities within the public sector have included revising business processes, modernizing operational policies and practices, leading audits and evaluation initiatives, and coordinating HC's Deficit Reduction Action Plan Team.



YOUSUF ALI Vice President, Special Projects, First Nations Health Authority

Yousuf Ali conducts strategic projects important to the future of FNHA and has also served the organization as Vice President, Health Services. He has 30 years' experience with Health Canada, where he served as Zone Hospital Finance Manager in Sioux Lookout, Ontario, Manager of Finance for Saskatchewan Region and Chief of Finance for BC region. He has also held the position of Regional Director of First Nations and Inuit Heath in BC Region. Mr. Ali holds an MBA focusing on accounting and finance



CHRISTY ANDERSON
Prevention Education Leader, BC Cancer
Agency Prevention Programs

Christy Anderson is of both Métis and European ancestry, and has been with the BC Cancer Agency Prevention Program for more than six years. While working with First Nation communities and organizations, she has enjoyed being a part of kitchen table planning sessions and larger advisory groups with community members and Elders. Ms. Anderson completed the Indigenous Cultural Competency Training program through PHSA and attended the Summer Institute of the Centre for Aboriginal Health Research at UVic as an Assistant Facilitator.



**LUCY BARNEY** 

Provincial Lead, Aboriginal Health, Perinatal Services BC, an agency of PHSA

Lucy Barney is a Co-chair for the First
Nations Health Authority Maternal and
Child Health Committee. She works in
collaboration on strategies to assist existing
and new programs that will enable Aboriginal
people to access culturally appropriate
services, building on the strengths in
Aboriginal maternal and children's health.



NADINE R. CARON MD, MPH, FRCSC

Assistant Professor, UBC Northern Medical Program; Co-Director, UBC Centre for Excellence in Indigenous Health

Since January 2005, Dr. Nadine Caron has worked as a General and Endocrine Surgeon at Prince George Regional Hospital, as well as a tenure-track faculty member in UBC's Faculty of Medicine, Department of Surgery, and its Northern Medical Program. Dr. Caron was born and raised in Kamloops, BC, and following her graduation from medical school, moved to San Francisco to complete her postgraduate fellowship training in Endocrine Surgical Oncology at the University of California, San Francisco.



RHONDA CARRIERE

Fraser Health Region of the Lower Mainland Coordinator, Self-Management BC Programs, University of Victoria Centre on Aging

Rhonda Carriere's background includes experience with various non-profit and volunteer organizations, as well as with Metis and First Nations groups. She has a Master's degree in English and a post-Baccalaureate diploma in Community Economic Development. Prior to joining the University of Victoria, Rhonda was the Associate Director of a distance education program for First Nations people.



SHAUNEE CASAVANT

Nuu-chah-nulth Health Professional, Hupacasath First Nation

Shaunee Casavant (Naas quu is aks) has a BScN with a focus in community health nursing. She has worked at the federal, provincial and regional levels, focusing on management, administration and policy development. Ms. Casavant is of Aboriginal ancestry.



**JUNE CLEARSKY** 

Aboriginal Liaison and Program Coordinator, Self-Management British Columbia Programs, University of Victoria Centre on Aging

June Clearsky first began her involvement in self-management as a volunteer leader by hosting a four-day leader training session. She is now a master trainer and enjoys teaching First Nation people on how to become a facilitator in the Self-Management Programs. Ms. Clearsky brings with her many years of working closely with various Aboriginal communities.



CHERYL COLBY

Prevention Education Leader, BC Cancer Agency Prevention Programs

Cheryl Colby has been a health and fitness professional for more than 20 years, and has a Bachelor of Human Kinetics degree from UBC. Through her work with the BC Cancer Agency, she has applied her knowledge of health and wellness through a cancer prevention lens. Ms. Colby believes that everyone deserves a healthy lifestyle, and with her passion for health and people, she delivers a positive, energetic approach to her work in communities.



JENNIFER DEHONEY

Program Coordinator, Vancouver Native Health Society

Jennifer Dehoney is a wife and mother of two young children and is a member of the Missanabie Cree First Nation. Ms. Dehoney is a physiotherapist and wellness coach and currently works at Vancouver Native Health as the program coordinator for the Vancouver Indigenous Elders Partnership Program (VIP Program).



LAURIE DOKIS

Nursing Practice Consultant, College of Registered Nurses of BC

Laurie Dokis went to school in Alberta to become a Nurse Practitioner and has a Master's degree in nursing. She now lives in British Columbia, where she works as a practice consultant. Ms. Dokis is of Aboriginal ancestry. Laurie (Wass sa squu in) is Anishabae: a member of the Dokis First Nation in Northern Ontario.



AMELIA DORAN

Registered Midwife, Seabird Island Health Center

Amelia Doran grew up in rural Nova Scotia. Her formal midwifery training was completed in BC and she practiced in Vancouver for four years before coming to the Seabird Island Health Center. Her greatest joy comes from caring for families in their own homes and involving siblings in prenatal and postpartum care.



**GREG EDGELOW** 

Manager, Planning & Integration, First Nations Health Authority

Greg Edgelow, Cree from Manitoba, is an 8-Time National Wrestling Champion, who represented Canada at the 1992 Olympics and placed top-10 in the world five times. Mr. Edgelow won medals for Canada at the Goodwill Games, Pan American Games and a gold medal at the 1994 Commonwealth Games in Victoria. He has served mission staff for the 2008 (Cowichan) & 2006 North American Indigenous Games (NAIG) for Aboriginal Team BC and as a motivational speaker at the 1997 NAIG Games in Victoria.



ALEXANDER ERICKSON Home Visitor, Nak'azdli Maternal Child Health

Alexander Theodore Erickson Sr. is of Carrier decent on his mother's side and Haisla decent on his father's side. He is Lhts'umusyoo (Beaver Clan). He is a 31 year old single father of three children, and has been employed with Nakazdli Health Centre for more than six months. He was recently voted as the President of the Men of the North and has a passion for creating coastal native art.



DAVE FRANK

Community Health Service Manager, Ahousaht Holistic Centre

Dave Frank has been the Ahousaht First Nation's Community Health Service Manager for the past 10 years. Prior to that he was the Program Coordinator for the Circle of Healing for Ahousaht. Mr. Frank has been mentored by Ahousaht Elders throughout his lifetime



SHANNON GIRLING-HEBERT

Administrator, Quality Assurance and Service Integration, Ktunaxa Nation Council

Shannon Girling-Hebert has worked with the Ktunaxa Nation Social Sector for eight years. Her roles have included health planning, service integration, fund development, project management, community consultation, community engagement, HUB coordination and quality assurance.



DR. MARK GODLEY

Chief Medical Officer, Nisga'a Valley Health Authority

Dr. Mark Godley is an anesthesiologist in British Columbia and Manitoba with a background in private health care administration. He founded the False Creek Healthcare Centre and the Maples Surgical Centre, which provide increased access to health care for thousands of patients each year through health authority contracts and partnerships. Dr. Godley has served two terms on the Doctors of BC board of directors and recently founded Livecare.ca, one of Canada's first private telemedicine companies.



**TESSA GRAHAM** 

Executive Lead, Provincial Office for the Early Years

Tessa Graham began her career in the BC public service at the Ministry of Health 23 years ago. The focus of her work has been in the population and public health areas of healthy early childhood development, maternal and women's health, healthy aging and injury prevention. Since leaving the Ministry of Health to pursue other opportunities within the BC public service, she has worked in the Office of the Premier, Ministry of Environment, BC Parks, and Ministry of Children and Family Development.



#### DR. HEIDI HANSEN

Therapist, HLHansen Counselling Inc.

Dr. Heidi Hansen is Cree from her late mother's side (Whitefish Lake First Nation, Alberta) and German from her father's side. Since 2008, she has provided counselling and workshop/training services to individuals, couples, families and communities through her company, HLHansen Counselling Inc.. She has also worked as a First Nations patient advocate, a community liaison coordinator, and as an instructor for three different institutions. Dr. Hansen is proud of her heritage and respects and honours both cultures and ways of knowing.



#### **MEGAN HUNT**

Director, eHealth, First Nations Health Authority

Megan Hunt worked for 15 years with northern First Nations, and for the past five years was the Executive Director of Information Management and Primary Care services with Carrier Sekani Family Services. She has a background as a Social Worker and a passion for helping communities enhance their access to integrated health and wellness services. Ms. Hunt also led the development of a primary care program that is supported through Telehealth, electronic medical records and integrated supports from regional health authorities, clinical providers and other allied health service delivery organizations/providers.



#### **NOLA JEFFREY**

Program Director, Tsow-Tun Le Lum Society

Nola Jeffrey is a Tsimshian woman of the Gitando tribe from the House of Sgagweet. Since May 2000, she has worked at Tsow-Tun Le Lum, where she has worked with many gifted elders/teachers. At Tsow-Tun Le Lum, she worked for nearly eight years as a facilitator in the Qul-Aun Trauma Program, before transitioning to Program Director, and in July 2015, she will take over as Executive Director. Her training includes a Bachelor of Arts in First Nations Studies and completing numerous programs in trauma, counseling, and alcohol and drug training at schools across BC.



RICHARD JOCK

Chief Operating Officer, First Nations Health Authority

As Chief Operating Officer of the FNHA, Richard Jock's portfolio includes health benefits, policy, planning, engagement, service improvements/integration, investment strategies, and partnership implementation in the regions. His position also provides leadership for the building, functioning and implementation of strong partnerships within the First Nations health governance structure and the health system more broadly. Prior to joining FNHA, he was CEO of the Assembly of First Nations, and for 25 years worked for First Nations organizations and the federal government, including numerous positions in the health field.



KANDACE KERR

Research Coordinator, University of Victoria Mining and Community Health Project

Kandace Kerr is the Research Coordinator for the University of Victoria Mining and Community Health Project and the Fort St. James Research Associate. She is also a member of the Nak'al Bun/Stuart Lake Research Advisory Board.



ADAM KING

Provincial Lead, Health Promotion & Prevention, Perinatal Services BC, an agency of PHSA

Adam King leads the development and implementation of initiatives which promote healthy pregnancies and infants with agency leaders, including community, primary care, acute care, and public health. He has experience internationally with UNICEF and the Aga Khan Foundation, and maintains a deep interest in global health in Tanzania, China, Russia, Syria, Bangladesh and Sri Lanka.



**DARREN LAROSE** 

Manager, Business Development, First Nations Health Authority

Darren Larose has over 23 years of business experience in multiple industries with a focus on business development. Mr. Larose obtained a Master's in Business Administration in finance with a minor in personality predispositions. His research on personality predispositions was featured in Canadian Business Magazine and later published in a book written by his academic advisor. His key areas of specialty include strategic planning, financial leadership, and project management.



**BRENNAN MACDONALD** 

Regional Director – Vancouver Island, First Nations Health Authority

Brennan MacDonald is a member of the Cowichan Tribes of the Coast Salish Nation and has a Master of Arts in Professional Communication degree from Royal Roads University. She has 15 years of communications experience, which has included Communications and Sponsorship Manager for the 2008 North American Indigenous Games, and Communications Manager for the Khowutzun Development Corporation. Brennan was the Hub Coordinator of the Hul'gumi'num' Health Hub for five years, providing health communication, planning and collaboration services to various First Nations communities on Vancouver Island



APRIL MACNAUGHTON

Nurse Manager, Communicable Disease Control, First Nations Health Authority

April MacNaughton is the Nurse Manager for Health Protection at the FNHA. She has extensive experience working as a nurse in community as well as several years in the Health Protection Directorate. Most recently, Ms. MacNaughton held the portfolio of CDC Nurse for the Tuberculosis file with Health Protection.



JOHN MAH VP, Health Benefits, First Nations Health Authority

As Vice-President of Health Benefits, John Mah leads the transfer of the Non-Insured Health Benefits program for the FNHA. His areas of responsibility include pharmacy, dental, mental health benefits, medical transportation, medical supplies, provincial benefits relationships, and the health advocate function. Mr. Mah is a registered pharmacist and a former federal public servant with Health Canada who has dedicated 16 years of his professional career to the area of First Nations health.



**KYRA MASON** 

Executive Director, Nenan Dane zaa Deh Zona Family Services Society

For more than 20 years, Kyra Mason has worked in the Aboriginal social services field in health and education, and for the last 10 years, she has worked directly within child and family services. Her previous roles include critical emphasis on stakeholder engagement and leadership in the strengthening of child and family services. Ms. Mason is a mother of four that is proud of her Gitxsan and Heiltsuk heritage.



DR. GAREY MAZOWITA

Clinical Professor University of British Columbia Faculty of Medicine

Dr. Garey Mazowita is a Clinical Professor at the UBC Faculty of Medicine and the President of the College of Family Physicians of Canada. He received his MD from the University of Manitoba in 1979, his CCFP in 1990, and his FCFP in 2000. His experience includes serving as Medical Director of Community and Long-term Care at the Winnipeg Regional Health Authority and as Chair for the Department of Family and Community Medicine at Providence Health Care.



MICHAEL MCCARTHY

Prevention and Training Coordinator, Nuu-chah-nulth Tribal Council

Michael J. McCarthy has presented in regional and national events for the past two decades. He humbly prides a background in being raised by "Grandmother" and has a background in traditional story telling.



AMANDA MCNALLY

Community Relations Specialist, Canadian Breast Cancer Foundation, BC/Yukon Region.

Amanda McNally was the Volunteer Run Director for the Canadian Breast Cancer Foundation CIBC Run for the Cure for three years. Ms. McNally is passionate about raising awareness about the cause and creating a future without breast cancer. She has been involved with the run as a participant and fundraiser since losing her mother to breast cancer, when she was 16.



**JOSEPH MENDEZ** 

CIO and VP, Innovation and Information Management Services, First Nations Health Authority

As Vice-President and CIO, Joseph Mendez drives the innovation, adoption and transformation of eHealth, technology and information systems for FNHA, including the development and procurement of new systems designed to meet the needs of BC First Nations. Over the past 21 years, Mr. Mendez has held a number of public and private senior executive health related roles, including Vice President/CIO for IM/IT services with Northern Health, for which he successfully implemented Health Link North, one of Northern Health's largest most complex organization-wide projects.



**JODIE MILLWARD** 

Regional Mental Wellness Advisor, Fraser-Salish Region, First Nations Health Authority

Jodie Millward provides program and health expertise in the area of mental health and suicide prevention (Hope), intervention (Help) and post-vention (Healing) (Mental Wellness). Ms. Millward is a leader, planning expert and community development support as it relates to mental wellness. She also provides expertise on portfolio mental wellness files, initiatives and projects for the FNHA, and works in partnership with Fraser Health Authority leadership to advance mental wellness priorities set out within the Fraser Salish Regional Health and Wellness Plan, and MWSU Regional Engagement Summary.



LARA MUSSELL SAVAGE

Manager, Aboriginal Sport, Recreation & Physical Activity Partners Council

Lara Mussell Savage is a Councillor of the Skwah First Nation and the Manager of the ASRPA Partners Council. In 2004, she won the 2004 National Tom Longboat (Aboriginal Athlete of the Year) Award for her achievements in the sport of Ultimate, in which she won two World Championships. Her career has included working with UBC Athletics, PGA TOUR, BC Sports Hall of Fame, and VANOC, and she recently served as Team BC Chef de Mission for the 2014 North American Indigenous Games.



MICHELE NAULT MCISAAC

Regional Assisted Living Manager, M'akola ILBC Housing Society

Michele Nault McIsaac is a Metis woman that has worked on Vancouver Island for more than 30 years. Ms. McIsaac provides presentations that focus on Aboriginal wellness, mental health and addictions, as well as training and development in adult education, staff development and cultural competency. She has been an active volunteer and has also served on working groups, committees and Boards to support the health and resiliency of communities.



DR. JOHN O'NEIL

Dean of the Faculty of Health Sciences, Simon Fraser University

Dr. John O'Neil is the former Director of the Manitoba First Nations Centre for Aboriginal Health Research, and was Professor and Head of the Department of Community Health Sciences in the University of Manitoba's Faculty of Medicine. He has published more than 120 papers on aboriginal health issues, including self-government and health system development, cultural understandings of environmental health risks, and social determinants of health disparities.



MAGGIE PATSEY
Chief Human Resource Officer,
Nisga'a Valley Health Authority

Maggie Patsey passionately supports growth for the Nisga'a Nation and relies on her experience and her cultural teachings to provide the best health care possible to the Nisga'a people. She has held various leadership positions throughout her career and currently serves as the Chief of Human Resources at Nisga'a Valley Health Authority (NVHA). In response to Nation growth and trending health care needs, Ms. Patsey works with a strong leadership team at NVHA to revitalize the Nisga'a Health Care system with innovation and metrics blended with Nisga'a cultural values.



**GWEN PHILIPS** 

First Nations Health Council Representative – Interior Region

Gwen Phillips is a citizen of the Ktunaxa Nations, which she has served for the past twenty-seven years, primarily as Director of Education and Director of Health. She has also developed and taught First Nations Studies courses at the College of the Rockies, including the Nation Rebuilding: Planning for Indigenous Governance program, which helps First Nations build capacity to successfully transition to self-government. Ms. Phillips also operates her own small business as a community planner, facilitator/trainer, artist and curriculum developer.



**ROBERTA PRICE** 

Elder, Vancouver Native Health Society

For nearly three decades Roberta Price has worked as an Elder and facilitated cultural teaching circles at St. Paul's Hospital, the UBC Learning Exchange, the Elder Visiting Program at BC Women's and Children's Hospital and at schools in the Delta, Richmond and Burnaby school districts. Ms. Price is the Elder for Critical Research in Health and Health Care Inequities (CriHHCI) School of Nursing at UBC, and has worked with the school as an Advisor/Research Partner and Elder providing Indigenous leadership and support in research projects such as women's intimate partner violence and mental health.



**JOLENE PRINCE** 

Maternal Child Health Coordinator, Nak'azdli Maternal Child Health

Jolene Prince is a strong Nak'azdli Carrier woman from the Lhts'umusyoo (Beaver Clan). She is a 40 year old single mother of two beautiful children. She has been employed with the Nakazdli Health Centre as the Maternal Child Health Coordinator for more than eight years. She currently coordinates the Men of the North Group, Prenatal/Postnatal Groups, Mother Goose Program, and the M.C.H. Program. She also practices traditional medicines and ceremonies, and paints, draws, dances, drums and sings.



ANN MARIE SAM
Councillor, Nak'azdli First Nation

Ann Marie Sam is a Nak'azdli Councillor, a board member on Mining Watch Canada, and a Masters of Applied Science candidate with the Norman B. Keevil Institute of Mining Engineering at the University of British Columbia. She is also a member of the Nak'al Bun/Stuart Lake Research Advisory Board.



LIZA SAM
Community Health Nurse,
Nak'azdli First Nation

Liza Sam is the Community Health Nurse for Nak'azdli, and is the Nak'azdli representative on the Mount Milligan Project's Community Sustainability Committee and Social Effects Advisory Committee. She is also a member of the Nak'al Bun/Stuart Lake Research Advisory Board.



SONNY SELLARS

Keller Community Centre Supervisor Colville Tribes

Sonny Sellars and Suzanne Wilkinson are two First Nations Ironman Canada finishers. They met each other on the course in 2009 and have maintained a friendship since that time. Their palmares include multiple finishes in Penticton. The sport of triathlon has been good to them and is a passion both still feel in their bones.



KAYLA SERRATO
Senior Policy Analyst,
First Nations Health Authority

Kayla Serrato works in the Policy, Planning and Transformation Unit of the First Nations Health Authority. Ms. Serrato supports both provincial and regional level policy and planning work as well as inter-organizational partnerships to create health service and health outcome improvements for First Nations and Aboriginal community members in BC.



JANIS SHANDRO

Consultant, Monkey Forest Consulting

Janis Shandro is a health scientist with a PhD in mining engineering. Since 2006, she has worked to bolster the importance of community health and safety for industrial developments with a focus on British Columbia. She is currently leading a research program on extractive industry development and community health in partnership with BC First Nations, Northern communities and Dr. Aleck Ostry from the University of Victoria. Ms. Shandro also leads community health impact assessments and implements community health and safety management plans for clients around the globe.



GREG SHEA
Vice President, Corporate Services,
First Nations Health Authority

Greg Shea is of Mi'kmaq ancestry and is the Vice-President of Corporate Services for the FNHA. Mr. Shea has over 15 years of management experience and performance improvement expertise, and has worked with private, not-for-profit and public sector organizations and all levels of government. He has led dozens of performance improvement initiatives with other health authorities and public agencies in British Columbia and participated in multiple projects during the establishment of the First Nations Health Authority.



MICHAEL SIMPSON
Senior Program Consultant (IRS),
First Nations Health Authority

Michael Simpson is the Program Consultant in the area of Indian Residential School and NNADAP support, and works as part of a larger team in Wellness Programs. Mr. Simpson has over 14 years of experience with the legacy of IRS, with his most recent role being a Client Service Outreach Manager for the Indian Residential School Adjudication Secretariat (IRSAS).



DANIELLE SMITH

Director, Aboriginal Stakeholder Engagement and Coordination, Provincial Office for the Early Year

Prior to joining the Provincial Office for the Early Years last May, Danielle Smith was a Provincial Advisor for Aboriginal Supported Child Development programs across BC. Through her Métis Cree ancestry, her 21 years in the early year's sector and her partnerships in Aboriginal communities over the past 12 years, Ms. Smith has gained a tremendous understanding of the diversity of issues faced by Aboriginal families with young children and how the legacy of colonization continues to impact Aboriginal communities and young children today.



VINCE STANCATO

Deputy Chief Coroner, BC Coroners Services

Before becoming Deputy Chief Coroner of the BC Coroners Service, Vince Stancato was a Coroner and Regional Coroner. Prior to joining the Service in 2003, he worked in a variety of capacities for the Ministry of Attorney General and Ministry of Solicitor General. Mr. Stancato has managed several crime prevention projects, managed the provincial Restorative Justice Program and was the Director of the BC Safe School Centre.



**DAVID THOMPSON** 

VP, Seniors Care and Clinical Support Services Providence Health Care

For more than 18 years, David Thompson has held leadership roles in the BC Health Care system. He is a certified health executive (CHE) of the Canadian College of Health Leaders and the CCHL Board representative for BC. Mr. Thompson is also a surveyor with Accreditation Canada and has completed his executive training in Research Application (EXTRA) Fellowship through the Canadian Health Services Research Foundation.



#### **PAM TOBIN**

Director of Strategy Implementation, First Nations, Inuit and Metis Cancer Control Canadian Partnership Against Cancer

Pam Tobin is an adopted member of the Takla Lake First Nation in northern British Columbia. She completed an undergraduate degree in Anthropology at the University of Northern British Columbia and continued on to graduate studies to receive an Interdisciplinary MA in 2007. In 2009, she completed a graduate certificate in project management from Royal Roads University.



#### **JOE TOM**

Senior Cultural Worker, Nuu-chah-nulth Quu'asa Program

Joe Tom has an extensive background in cultural wellness and traditional and modern methods of healing practices. Over the past 30 years, he has played a key role in integrating both methods for healing.



#### CINDY TOM-LINDLEY

Executive Director, Indian Residential School Survivors Society

Cindy Tom-Lindley is from the Okanagan Nation-Upper Nicola Band and also has Thompson and Shuswap ancestry. Everything she does is to improve the quality of life for First Nations people and protect their title and rights. She has been a band councillor for 12 years and, prior to becoming Executive Director at the IRSSS, she was an instructor and coordinator at Nicola Valley Institute of Technology. Ms. Tom-Lindley is honoured to provide services for survivors of IRS and their families.



#### DR. DAVID TU

Family Physician, Vancouver Native Health Society

David Tu, MD, is a family physician with a clinical focus on inner-city medicine, and research interests in Indigenous peoples' health, HIV, Hepatitis C and depression. He is a Clinical Assistant Professor at the University of British Columba's Department of Family Practice and works as a clinician for the Vancouver Native Health Society Clinic and UBC's Aboriginal Family Practice Residency Stream. His current research focuses on the development and effectiveness of partnership models of care between traditional Indigenous and modern health care practices.



DR. AMANDA WARD

Director, Research, Knowledge Exchange and Evaluation, First Nations Health Authority

Dr. Amanda Ward is passionate about the translation of evidence-based research into knowledge that can positively impact health care practice and policy. Amanda has a background in health care that ranges from basic cell science to social sciences and holistic approaches to health. She has a PhD from Simon Fraser University and conducted post-doctoral work at Cambridge University, England. Most recently Amanda worked for the BC Cancer Agency where she led, both at a provincial and a national level, the development, delivery and evaluation of wellness programs for cancer survivors.



DIANE WHITEHEAD-BISSETT

Aboriginal Community Liason, Ktunaxa Nation Council

Diane Whitehead-Bissett is a young Ktunaxa woman from St. Mary's Indian Band and has worked with the Ktunaxa Nation for seven years in both health and education while advancing her academic goals. She is currently studying criminology at the College of the Rockies and working at Operation Street Angel.



**SUZANNE WILKINSON** 

Aboriginal Advisor, Camosun College

Suzanne Wilkinson and Sonny Sellars are two First Nations Ironman Canada finishers. They met each other on the course in 2009 and have maintained a friendship since that time. Their palmares include multiple finishes in Penticton. The sport of triathlon has been good to them and is a passion both still feel in their bones.



DR. LLOY WYLIE

Assistant Professor, Schulich Interfaculty Program in Public Health, Western University

Dr. Lloy Wylie holds an adjunct position with the Faculty of Health Sciences at Simon Fraser University, and has an Interdisciplinary PhD from the University of British Columbia. Her research is in health systems and health services, with a focus on equity, and improvement of health services and access through community-based participatory research.



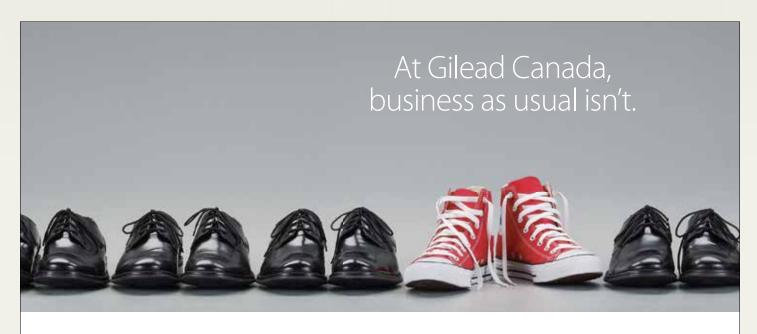
#### YASMIN YASSIN

Research Coordinator Centre for Hip Health and Mobility

Yasmin Yassin works with the Centre for Hip Health and Mobility (CHHM) at the University of British Columbia (UBC), and is the Project Manager for the SAIL Adaptation for First Nations Communities Fall Prevention Project.



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